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Thank you

Front Cover: Nasreen and her children receiving Qurbani meat.

ABOUT HUMAN APPEAL



Human Appeal is a non-profit organisation working across the globe to strengthen humanity's fight against poverty, social injustice and natural disasters since 1991. Through the provision of immediate relief and the establishment of self-sustaining development programmes, we aim to invest in real, effective solutions. By establishing firm and loyal grassroots relationships with local, national and international partners we are able to access some of the most remote places in the world, at their most fragile and vulnerable moments. Human Appeal believes that establishing stable healthcare, education and livelihood support programmes paves the way for empowered, self-sufficient communities. We also recognise that the provision of food, medical aid and emergency shelter in times of humanitarian crises is essential for the immediate preservation of life. We understand the importance of a multidimensional aid approach, and balance our work between emergency relief and long-term development, based on the needs of each community.

QURBANI 2022

Each year, after Ramadan comes to a close, our teams around the world begin to prepare for the blessed first ten days of Dhul Hijjah, which culminates in Muslims around the world sacrificing an animal, providing nutritious meat to vulnerable people during Eid al-Adha. Our teams work diligently on securing healthy, cared-for animals from local farmers, and preparing safe, organised distributions so that our supporters can provide value-for-money, nutritious meat that boosts the local market, while supporting vulnerable people.

Qurbani is an act of devotion that continues the legacy or the prophet Ibrahim (AS), a legacy that was sealed by Muhammad (PBUH), who sacrificed two animals each Eid al-Adha. When he was asked what Qurbani is, the Messenger (PBUH) answered, **"It is the Sunnah of your father Ibrahim. For every hair of the Qurbani you receive a reward from Allah." (Al-Tirmidhi)**

Unimaginably, we found ourselves in 2022, a year of even more crisis, but our supporters provided a staggering 328,989 people with fresh, nutritious meat. That's 61,192 families that you helped to support with fresh, nutritious meat, allowing them to celebrate Eid al-Adha.



Image: Qurbani being distributed in Rahim Yar Khan, Pakistan.

YOUR QURBANI IN NUMBERS:







of clean meat per family on average – **that's 700 grams more than last year.**



14

countries and territories. We distributed your Qurbani in Afghanistan, Bangladesh, India, Iraq, Malawi, Nigeria, Pakistan, Pakistan-administered Kashmir, Palestine, Somalia, Sudan, Syria, Yemen, and the UK.

Read on to find out how you helped to provide protein-packed meals to the most vulnerable families across 14 countries.

AFGHANISTAN

Each Qurbani sacrifice in Afghanistan in 2022 provided over 17 kilograms of meat, split between 5 to 6 families.



Decades of conflict and political turmoil, as well as economic instability has put a strain on Afghanistan's already limited resources. More than **24 million** people are in need of humanitarian help – that's more than half the total population.

But with your help, Human Appeal provided fresh, nutritious meat to **8,687** people in Wardek, Paktika.

In all, your donations provided **31** cows to **1,214** families. If you gave your Qurbani in Afghanistan last Dhul Hijjah, you provided an average of **17.14 kilograms** of beef that's **3 kilograms** each to **5-6** vulnerable families, including families headed by women. **8,687** people received fresh, nutritious beef.

families received **3 kilograms** each.



17.14kg of meat distributed for every Qurbani donated.

BANGLADESH

Each Qurbani sacrifice in Bangladesh in 2022 provided over 11 kilograms of meat, split between 3 to 4 families.



In Bangladesh, nearly **174 million** people need humanitarian assistance, including **62 million** children. Families in Bangladesh have had to endure devastating floods, drought and hunger. Almost a third of Bangladeshis don't have enough to eat.

In 2022, your Qurbani charity provided **118** cows to **3,061** families in Jashore and Satkhira. If you gave your Qurbani in Bangladesh during Dhul Hijjah, you provided **11 kilograms** of beef — that's **3 kilograms** each to **3 to 4** vulnerable families, including families headed by women.

15,326 people received fresh, nutritious beef.



families received 3 kilograms each.



11.12kg of meat distributed for every Qurbani.

INDIA

Each Qurbani sacrifice in India in 2022 provided over 14 kilograms of meat, split between 3 families.



India is currently facing the threat of climate change and rising COVID-19 cases, leaving **664 million** people in need of humanitarian assistance, including a devastating **286** million children.

Last Dhul Hijjah, with your help, we provided 2,102 sacrifices to 42,040 families in Uttar Pradesh, Bihar and West Bengal. If you performed your Qurbani in India during Dhul Hijjah, you provided **14.3** kilograms of beef or buffalo meat - that's 4.5 kilograms of nutritious meat each to **3** vulnerable families.

210,200 people helped through your Qurbani in India.

11,400 families received 4.5 **kilograms** of buffalo

meat each.

1.260 families received 4.5 kilograms of beef each.



14.3kg kilograms of meat distributed per Qurbani.



Each Qurbani sacrifice in Iraq in 2022 provided over 22 kilograms of meat, split between 7 to 8 families.



After decades of conflict and instability in Iraq, **2.4 million** people need help to support their food or livelihoods. **1.2 million** people are still displaced and the devaluation of the Iraqi dinar has drastically affected families' ability to cope.

With your support last Qurbani, we provided **1,764** people with fresh nutritious mutton in Ninewa. If you gave your Qurbani in Iraq last Dhul Hijjah, you provided **22.3 kilograms** of mutton or lamb — that's **3 kilograms** each to **7 or 8** vulnerable families, including families headed by women. **1,764** people received fresh nutritious mutton.

313 families

313 families received **3 kilograms** each.



22.3kg of meat distributed for every Qurbani.

MALAWI

Each Qurbani sacrifice in Malawi in 2022 provided over 14 kilograms of meat, split between 3 families.



An estimated **37%** of children in Malawi are stunted; almost a quarter of children's deaths are related to malnutrition. Malawi's economic security depends on agriculture but climate disasters including drought and flooding are making it increasingly difficult for farmers to make a living.

In 2022, with your support, we provided **4,573** people with fresh nutritious beef in Blantyre, Chiradzulu, Mangochi, Liwonde and Zomba. If you donated your Qurbani in Malawi last year, you provided **14.3 kilograms** of beef – **4.5 kilograms** each to **3** vulnerable families.

4,573 people received fresh, nutritious beef.

551 families received 4.5 kilograms each.



14.3kg of meat distributed per Qurbani.

NIGERIA

Each Qurbani sacrifice in Nigeria in 2022 provided 15 kilograms of meat, split between 4 to 5 families.



Half of all people in Nigeria live below the poverty line, with huge inequality between the poorest and wealthiest families. Widows in particular face stigma and social obstacles, which drastically affect their ability to provide for their children.

With your help last Dhul Hijjah, we provided nutritious beef to **1,170** families in Oyo, Ogun, and Lagos. If you donated your Qurbani in Nigeria during Dhul Hijjah, you provided **15 kilograms** of beef — that's **3.5 kilograms** each to **4 or 5** vulnerable families. **1,170** people received fresh, nutritious beef.

families received 3.5 kilograms each.

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15kg of meat distributed for every Qurbani.

PAKISTAN

Each Qurbani sacrifice in Pakistan in 2022 provided over 14 kilograms of meat, split between 4 to 5 families.



In Pakistan, **11 million** people need humanitarian assistance and **37%** don't know where their next meal will come from. Almost half of all children are stunted.

With your support last Qurbani, we provided **31,532** people with fresh nutritious beef in Mansehra, Rajanpur, and Bahawalpur.

If you performed your Qurbani in Pakistan in 2022, you provided **14.3 kilograms** of beef that's **3.8 kilograms** each to **4 or 5** vulnerable families, including families headed by women, older people, and people with disabilities.



31,532 people received fresh, nutritious beef.

2,851 families received 3.8 kilograms each.



14.3kg of meat distributed for every Qurbani.

PAKISTAN-ADMINISTERED KASHMIR

Each Qurbani sacrifice in Pakistan-administered Kashmir in 2022 provided 14.3 kilograms of meat, split between 4 to 5 families.



In Pakistan-administered Kashmir, more than 1 million people struggle with poverty. That's a guarter of the population who struggle to fulfil their basic needs on a daily basis. The rate of unemployment in the region is almost double the national average in Pakistan, and more than **400,000** people cannot find work to sustain a decent livelihood.

With your support last Qurbani, we provided **8,749** people with fresh nutritious beef in the Bagh District.

If you performed your Qurbani in Pakistanadministered Kashmir in 2022, you provided 14.3 kilograms of beef — that's 3.8 kilograms each to **4 or 5** vulnerable families, including families headed by women, older people, and people living with disabilities.

8,749 people received fresh, nutritious beef.



1,346 families received 3.82 kilograms each.



14.3kg of meat distributed for every Qurbani.

PALESTINE

Each Qurbani sacrifice in Palestine in 2022 provided over 25 kilograms of meat, split between 10 families.



A staggering **1.6 million** Palestinians don't have enough to eat and in Gaza, almost **69%** are food insecure. The debilitating blockade, consistent airstrikes, and high levels of unemployment in Gaza have made it almost impossible to make a reliable living.

With your support last Qurbani, we provided **11,720** people with fresh, nutritious beef across the Gaza Strip.

Due to the challenges Palestinians face with ongoing power/electricity cuts, it is difficult to preserve fresh meat at home, requiring smaller packages of Qurbani meat to families.

If you donated your Qurbani in Palestine during Dhul Hijjah, you provided **25.5 kilograms** of beef to **10 or 11** vulnerable families, including families headed by women, older people, and people with disabilities.

11,720 people received fresh, nutritious beef.



families received 2.4 kilograms each.



25.5kg of meat distributed for every Qurbani.

SOMALIA

Each Qurbani sacrifice in Somalia in 2022 provided 9.6 kilograms of meat to one or two families.



Somalia is on the brink of famine after five seasons without enough rain - the worst drought in seventy years. A staggering **8.3 million** people are at risk of famine. Compared to last year, **2.2 million** more people are facing acute food insecurity, meaning they urgently need food now to survive.

With your help last Dhul Hijjah, we provided fresh nutritious beef to **11,382** people in Mogadishu. If you donated your Qurbani in Somalia last year, you provided an average of **9.6 kilograms** of beef to a family in Mogadishu or Banadir. Last year we focused on families who were forced to flee their home because of drought or those headed by women. **11,382** people received fresh, nutritious beef.



9.6kg of meat distributed for every Qurbani.

SUDAN

Each Qurbani sacrifice in Sudan in 2022 provided more than 14 kilograms of meat, split between 3 families.



Cyclical drought, flooding, and conflict have displaced **3 million** people in Sudan, and left a staggering **15 million** without reliable access to food – that's a third of the entire population of Sudan.

In 2022, your Qurbani charity provided **927** people in Khartoum with fresh nutritious beef. If you donated your Qurbani in Sudan last Dhul Hijjah, you provided **14.28 kilograms** of beef — that's around **5 kilograms** each to around **3** vulnerable families that are headed by widows. 927 people received fresh,

nutritious beef.

families received **5 kilograms** each.



14.28kg of meat distributed for every Qurbani.



Each Qurbani sacrifice in Syria in 2022 provided 22.5 kilograms of meat, split between 7 families.



6.8 million Syrians are displaced, and a staggering **12.1 million** people don't have a reliable way to feed themselves – that's more than half of the entire population. Since the conflict in Ukraine, food prices have skyrocketed, with the cost of basic foods increasing by **90%** since the previous year.

In 2022, your Qurbani charity provided **3,916** people in Idlib and northern Aleppo with fresh nutritious mutton or lamb. If you donated your Qurbani in Syria last Dhul Hijjah, you provided **22.5 kilograms** of beef — that's **3.2 kg** to each of **7** vulnerable displaced families. **3,916** people received fresh nutritious mutton or lamb.



765 families received 3.2 kilograms each.

22.5kg of meat distributed for every Qurbani.



Each Qurbani sacrifice in Yemen in 2022 provided 7 kilograms of meat, split between 2 families.



After more than seven years of conflict, more than **4 million** people, are displaced and over **23 million** Yemenis need humanitarian help. **2.2 million** small children need treatment for malnutrition.

This year, your Qurbani donations provided **1,200** of sacrifices to **2,400** families. If you donated your Qurbani in Yemen during Dhul Hijjah, you provided **7 kilograms** of goat that's **3.5 kilograms** when split between 2 vulnerable families.



15,524 people received fresh nutritious goat.



families received 3.5 kilograms each.



of meat distributed for every Qurbani.



Each Qurbani sacrifice in the United Kingdom in 2022 provided over 7 kilograms of meat to foodbanks in Birmingham and London.



Food insecurity is on the rise in the UK, with nearly 5 million adults lacking access to food. Following the twin crises of the COVID-19 pandemic and rising inflation, an increasing number of households are struggling to afford food.

Last Eid, we helped **43** people to perform their Qurbani. If you gave your Qurbani here in the UK, we delivered two-thirds of the mutton or lamb to you, and the last third - around 7.1 kilograms - we donated to foodbanks supporting refugees and low income families in London and Birmingham.



305.3kg kilograms of meat distributed to foodbanks.



people helped through foodbanks.



610.6kg of meat delivered to our supporters.



THANK YOU

At Human Appeal, we're committed to eradicating the causes of hunger – supporting livelihoods, water security and education – as well as easing the immediate threat of malnutrition and extreme hunger. Thank you for entrusting your Qurbani to us, and allowing us to support the most vulnerable families across 14 countries and territories in this fragile time of need.

May Allah reward you for your generosity.

"There are no days on which righteous deeds are more beloved to Allah than these ten days." (Bukhari)

Image: For many families, this may be their first chance to eat meat in months.





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