

**EVERY
HUMAN**
RAMADAN 2023
WEEK 1



**RAMADAN
2023** >

Your mercy delivered

All the latest from
our distributions
around the world



EVERY HUMAN LITE WEEK 1

As we close the first week of the holy month, it's important to remind ourselves that the first ten days are the days of Allah's mercy, and it's vital we make the most of them.

Prophet Muhammad (PBUH) said: It (Ramadan) is the month, whose beginning is mercy, its middle, forgiveness and its end, emancipation from the fire (of hell).

This Ramadan, the cost-of-living crisis means many of us are finding it harder to donate the amounts we usually do, yet our charity this month has never been needed more. For the world's most vulnerable families, our merciful donations are the only way they can eat, or gain access to other essentials, such as safe water, healthcare, safe shelter, and a way to earn a livelihood.

This edition of Every Human shows your mercy in action and the tremendous difference even a small donation can make. We update you on our life-changing projects and introduce you to the people we support like Noor in Palestine, whose three daughters are thriving thanks to our orphan sponsorship programme, and Salwa from Gaza, who is benefiting from our Olive Tree Project. You'll also meet Rama, a midwife at our Al Imaan Hospital in Syria, who has dedicated her life to providing lifesaving services to mothers and their babies and explains how her critical work would not be possible without your support.

So come and join us in some of the world's most challenging environments on these first merciful days of Ramadan and discover the ways you are helping us to save and change lives.

In this issue

- | Ramadan Live 4
- | 1000 families sheltered in 100 hours 7
- | Your mercy is transforming the lives of orphans 8
- | Providing safe homes in Pakistan 10
- | Transforming villages in Pakistan 11
- | Mercy to support generations in Palestine 12
- | Caring for Syria's women and children 13
- | Twins born to Enas at Al Imaan 14
- | The power of your mercy 16
- | Shared blessings 17



10



12



14



Feeding the fasting in Pakistan

RAMADAN LIVE

Snapshots from our global field offices during the first week of Ramadan.

This Ramadan, Human Appeal is making the most of your mercy and keeping you up to date on our projects every week of Ramadan in this special edition of Every Human. This week, we've been distributing food parcels, providing hot iftar meals and delivering projects in five countries around the world.



In Pakistan we distributed over **1,600** hot iftar meals, **200** a day so far, and distributed food packs to **1,125** families.



In Syria, we provided **free medical care** to those who needed it, and helped pay the cost for a surgery that would let a three year old child see clearly.



In Sudan, we distributed food to families living in displacement camps.



In the UK, we distributed **100** food vouchers and **300** food parcels in Luton.



In Yemen, we distributed over **250** food parcels to families struggling with disabilities.



Food distributions in Pakistan



Providing food parcels to those with visual impairments in Yemen



Hot iftar meal distributions in Pakistan



Food parcel distributions in Sudan



Distributing food parcels in Yemen



Thank you for giving your mercy and helping Ziyad to see another Ramadan.

1000 FAMILIES SHELTERED IN 100 HOURS



A family in Al Zohoor town.

Using the mercy you gave, just before Ramadan, Human Appeal built 1000 homes in the town of Al Zohoor to help shelter hundreds of Syrian families that had once again been displaced by the two earthquakes that rocked Syria and Turkey in February, which killed thousands. Human Appeal homed 1000 Syrian families who had lost their homes within 100 hours of the earthquake. Safa is one of those who benefited from this project.

“My name is Safa Ahmed Daud. I’m 35 years old and I have seven children, four girls and three boys. I lost so many friends and neighbours in the earthquake. All the buildings collapsed. Hardly anyone survived, only two or three were rescued from the rubble. We were sleeping at home when the earthquake struck. One of my boys was hit in the head. My daughter fainted. My other little one was unconscious. It was raining and so cold. My daughter regained consciousness, no one was severely hurt. But the house was badly damaged. It’s uninhabitable now. That’s why we left it.

“We fled to Kfarsafra village to escape airstrikes. We lived there for a while then came to Jenderis. This is how

life is for displaced people. Most days our children don’t eat. We lived in a dilapidated house that collapsed in the earthquake.

“My worst memory from the earthquake was my friend and neighbour crying under the rubble and I couldn’t do anything to help her. I can’t get this moment out of my mind.

“We’re happy in our new home now though. My children are happy they have a home they can play in. So many things have been provided with this house! I’d like to thank all those who helped us. May Allah reward you. There are so many people who don’t have a home anymore. I pray that they can be provided with a home like this. Goodness hasn’t stopped. Alhamdulillah!”



Noor and her three daughters.

YOUR MERCY IS TRANSFORMING THE LIVES OF ORPHANS

Last Ramadan, we brought you the story of Noor, a Palestinian widow struggling to provide for her three daughters, Minna, Nisma and Nagham. We have since made the most of your mercy to help turn their lives around through our orphan sponsorship programme.

“Alhamdulillah, life has improved since we began receiving orphan sponsorship from Human Appeal. Before that, our conditions were difficult.

When my husband was martyred, my oldest daughter was five years old. My middle daughter was three, and the youngest was two. I didn't have an income to cover our expenses.

Psychologically, we faced so many difficulties. It was hard raising young girls and I had to become a mother and a father at the same time.

The girls struggled emotionally, wondering where their father had gone, and I had a lot of responsibilities. Before, I didn't even know what our expenses were, I was unaware of what a burden they are!

My daughter always wanted her father to take her to school as she was so proud of him. But I took her to school and convinced her that what happened was fate. I explained that her father is gone but he is in heaven and that she carries his name.

After receiving the orphan sponsorship, our situation has greatly improved. I've

paid off all our debts, and I can meet the girls' needs. With the first sponsorship, I furnished their bedroom. I saved and bought the furniture for them.

My daughter Nagham likes painting and the materials are very expensive, but now I can afford them with the sponsorship payments. My oldest daughter loves poetry and reading, and now I buy books for her, because she likes to educate herself. The young one also loves reading and putting on shows.

Since the sponsorship was secured, the girls' wellbeing has improved

and their education level has improved. They have more motivation to study the Quran. Minna has memorised two parts of the Quran. Nagham and Nisma have memorised one part each and have started the third part. The girl who memorises the most gets a prize, and the one who memorises a specific Surah gets a special gift.

The best moments are when they arrive home from school holding excellence certificates, and I'd like to thank Human Appeal and our sponsor for the aid provided to us. Without such support, we wouldn't be living the life we have now. I hope the sponsorship continues because my daughters are thriving."



Noor and her children reading Quran



The new home built for Momal and her family.

PROVIDING SAFE HOMES IN PAKISTAN

Last summer, flash floods in Pakistan brought devastation to the lives of millions, including Momal and her husband, who lost their eldest disabled son, and saw their house swept away. Thanks to your mercy, just before Ramadan we provided the family with a secure brick home to help them to rebuild their lives.

“We never dreamt this would happen. Mashallah, my son was very beautiful and unlike any other child. He had been studying and was carrying his books home when he was hit on the head and fell in the floods. We did our best. He was unwell and we were getting him treated, and he was getting better. He could clench his fists. He could sit up with support, and I used to care for him. It brings tears to my eyes thinking

about him. He got to the age of 20 with his condition. After work, his father would bring milk if he could. No one else listened to us after the floods came, and we had to carry our disabled son around. No one helped us. Now, someone has heard us. I am very thankful to Allah. I will plant flowers all around the place. It is already a beautiful house. I was very sad because of my son. This house has made a huge difference. Now we are happier.”

TRANSFORMING VILLAGES IN PAKISTAN

Thanks to your mercy we have already transformed 66 villages in Tharparkar, Pakistan. Transformation that supplies over a million litres of fresh water every day from 41 solar powered pumps. Transformation that has seen 560 solar powered streetlights being installed, changing the lives of over 60,000 people like Julie forever.

“My name is Julie. I live in the village of Ghoghari and I have five children. My husband does seasonal farm work, but he earns barely enough to meet our needs. Before, I had to walk for one or two hours every day to fetch water and the children I left behind would be crying. We used to draw water and then pour it into pots. It was so difficult for us back then.

I had to fetch drinking water and water for home chores three to four times a day and it took a lot of time. Now we have water here. Water pipes connect to the water tank and the taps here near to our homes. It takes no time to fetch water now. Now the water comes from the solar water tank and reaches our taps.

With the help of solar panels, water comes through pipes from the water tank, and it reaches every house and we fetch water from here. It's rare that there is no water, we get water every day. We fill up for drinking and domestic use, and the water is very good quality.

Previously, we could not work at night. Now we are at ease as we can prepare food at night and look after our children. Previously we could not see snakes or insects at night. Now we can see them



Julie fetching water.

because of these solar lights, and we feel safer now.

Previously, when we had to go outside to attend nature's call, we faced many difficulties.

But now we have toilets here so we are safe. Before, we didn't have milk so my children and I drank black tea, but now we have goats and we get milk. We are happy now.

My children's tummies were getting affected by the black tea. Now, they drink milk tea and are much healthier. These goats have other benefits too as they will breed. These goats are benefitting me the most as my children have access to milk. Everything is perfect and now we have peace in our life.

I'm thankful to those who provided us with these things. This water well saves two to three hours of my time every day. I can take good care of my children and complete the home chores. I used to spend the whole day fetching water when we didn't have water taps.

Now, we have water and so I can take care of my children, do home chores and fetch water easily.”



Salwa standing in front of an olive tree.

MERCY TO SUPPORT GENERATIONS IN PALESTINE

Since launching our Olive Tree Project we've helped countless Palestinian farmers like Salwa. Thanks to your merciful donations we have provided 80,000 olive trees since 1991, providing farmers like Salwa with 30-40 trees each and helping them plant and establish their crop. Once established, the trees can offer a sustainable source of livelihood for generations. We spoke to Salwa just before Ramadan about the impact this project is making to her life.

"I'm Salwa Abu Saeed, I'm a farmer from Wed Al Salqa, and my family consists of 10 people.

The farmers are struggling here. Pesticides are expensive. Sometimes we don't get a turnover from our fruits, so

it's not worth the high cost of pesticides. Our income is based on farming and breeding animals.

"Human Appeal told us about their olive tree project. We registered and they gave us olive trees and hoses. We irrigated the trees using the hoses they provided. The trees are still young but, Inshallah, in the future we will harvest olives.

"We can't live without olive oil. The olive tree is a blessed tree and has a special place in our hearts. This is why we plant olive trees everywhere, even if a farmer wants to plant vegetables, he'll still surround his land with olive trees.

"It's a successful project, Alhamdulillah. It's helped us a lot. We're hoping for more projects to support farmers. Our message is please help farmers in Palestine with excellent projects like this one."

CARING FOR SYRIA'S WOMEN AND CHILDREN



Baby born at Al Imaan Hospital.

Human Appeal's Al Imaan Hospital is the only maternity and children's hospital of its kind in Idlib, Syria, that provides the most vulnerable mothers and babies with access to free healthcare. Thanks to your mercy we treat about 6,000 patients per month, performing around 12,000 procedures and invest in professional and dedicated midwives like Rama.

“My name's Rama. I'm 47 and I'm a midwife at Al Imaan Hospital. I've been working in midwifery for twenty-five years, and I've worked at Al Imaan Hospital for seven years.

The services provided by Al Imaan Hospital are primary care for pregnant women, natural deliveries, incubators, and caesarean deliveries. We have 15 to 20 natural births, daily, and about 500 every month and around 300 - 350 caesarean cases each month. The types of treatment provided include pregnancy-monitoring, treatment for gynaecological infections, miscarriages, and abortions.

The presence of our hospital is vital due to the lack of free services in the rest of the remaining hospitals in this area. A short time ago, a patient, Enas, who was nine months' pregnant came to us and was very afraid of giving birth. She was very afraid for her children, so we reassured her. I was responsible for her birth. She was completely healthy, as were her children. We put them in an incubator to check on them.

The doctor confirmed they were in good health and Enas and her children were discharged.

We help those displaced in the camps who can't afford healthcare. If a woman went into labour or gave birth in a camp, it would risk the baby's life as the medical centres are a distance away. This hospital is a safe distance from the camps. We provide primary care, family planning, and a laboratory for medical analysis. There's a nutrition department. Everything is available here. We provide vaccinations. There is full care here in Al Imaan Hospital. Thank you to everyone who supports this hospital. Without it lives would be at great risk.”



Enas' twins, wrapped up warm.

TWINS BORN TO ENAS AT AL IMAAN

Enas is one of the many women who have benefited from the free healthcare offered by Al Imaan Hospital, where she recently gave birth to twins. She and her husband have been displaced from their home for nine years. Thanks to your mercy, Al Imaan is able to offer free healthcare to people who have been forced from their homes, like Enas. We spoke with Enas just before Ramadan who shared her story with us.

“One of my neighbours gave birth at Al Imaan Hospital a month ago. She recommended I give birth there too because of the good care. She told me that the services in the hospital are available to everyone. What I suffer from during pregnancy is vomiting and eclampsia. I went to Al Imaan Hospital twice, and they treated us well. Whenever I went, they provided me with psychological support and never made me feel afraid.

“The most difficult thing a pregnant woman faces is her inability to go to a private doctor to monitor her pregnancy, so the presence of free hospitals like Al Imaan makes it easier for us. The doctor’s fee in private hospitals is very expensive. Pregnant women can’t pay it, they are unable to monitor their pregnancy at the medical clinic every month.

When I was pregnant, my leg was broken, so when I went to the hospital, they gave me a walking stick and helped me move around so that I would not feel fatigue or pain. The nurses helped me to walk all the time and asked me if I needed anything.

When I went to the hospital for my due date, I was very scared, but they offered me psychological support to help with my fears. They even allowed my husband’s mother and his sister to accompany me inside. My husband’s mother and sister were also afraid, but the nurses comforted us. I asked the

doctor to perform a caesarean section for me so I wouldn't suffer the pain of childbirth. The midwife told me that I didn't need a caesarean section and that I would give birth naturally without surgery.

The midwife told me that she treats me like she treats her own daughter; she took very good care of me. When my twin girls were born, I felt so beautiful and so happy that I forgot all my pain. I thank Allah for my daughters.

After I gave birth to the twins, I went to visit the hospital again to treat my daughters because one of them

was jaundiced and had to stay in the incubator for four hours. The doctor asked us to bring her again for a follow up. He said that their health is good.

"I hope the supporters will help us to meet all our basic needs, especially milk for the children. I hope that our living conditions will improve and that we will live in a house instead of a tent. What I wish is to obtain income, heating, firewood and milk for my children. I recommend all patients, especially pregnant women to go to Al Imaan Hospital, because the medical care is good and they make the patient feel comfortable, rather than afraid."



THE POWER OF YOUR MERCY



Inside the Aaminah Centre.

Meet Isha, an orphan whose life was transformed with education and learning the craft of stitching. Her story shows how your mercy has the power to change even more lives this Ramadan.

"I never imagined that my father would leave me before I grew up. I was very little and only in second grade. I was at school when he passed away. My brothers came to pick me up and my eldest brother hugged me. He said, 'Let's go home.' I asked him what had happened. I said, 'why are you taking me home like this'? He told me that father had died."

Isha's mother said, "My husband passed away when my children were little. I have four daughters and two sons. I've stitched clothes and worked hard all my life. There's always been hardship, but after my husband's death, it became incredibly difficult to raise the children. I couldn't afford to provide them an education. But then the Aaminah Centre in Pakistan opened, and since then, my daughter has been studying there, and stitching as well. I want her to continue studying and open a centre that teaches stitching. This is my mission!"

Isha said, "A neighbour of ours told us about the centre, as her daughter came here to learn stitching. She told me that they give an education

to children, teaching stitching and also there's a beauty parlour course. I didn't want to go to school. I said to the teacher 'You can teach me stitching, but I won't study. She told me that if I did not want to study, she would not admit me, and that I should go. I said, 'I'll study if you say so, but you have to let me do stitching too.' So she admitted me to the school to study and to learn to stitch.

"Within six months I learnt stitching and completed the courses from kindergarten to Grade 5.

Now I can complete all my Islamic studies in just two days. My teacher is so happy seeing this.

She says, 'this is the girl who couldn't write and now she has completed the course in just six months.' She is so happy with me; she wants me to study further.

"I will keep studying and I will keep stitching. I'll get some sewing machines and open a centre with some of the neighbourhood girls. Coming here has made me very happy. There should be lots of centres like this, and they should be permanent, so just like us, other children can learn. For children like me, who couldn't even write her own name, my message to you is, 'If you ever get a centre like this near you, don't think like I did. Don't think the other children will make fun of you. Please, go to school and study. Because if you study, you'll have a better future and be successful.' Education brings much change in a person."

SHARED BLESSINGS



The merciful will be shown mercy by the Most Merciful. Be merciful to those on the earth and the One in the heavens will have mercy upon you.



Source - Sunan al-Tirmidhī 1924

