

A group of diverse, smiling children of various ages are gathered together, many giving a thumbs-up gesture. They are wearing casual clothing like t-shirts and a baseball cap. The background is a bright, slightly hazy outdoor setting.

MONTHLY ROUND-UP

MAY 2026

OUR LATEST UPDATES
AND DEVELOPMENTS
ON OUR PROJECTS
ACROSS THE WORLD.

IN THIS ISSUE:



03

GAZA



05

SYRIA



07

SUDAN



08

PAKISTAN

WELCOME TO OUR MONTHLY ROUND-UP MAY EDITION

Welcome back to our monthly impact reports. We hope you had a blessed Dhul Hijjah and a joyous Eid. Thank you for remembering the ummah across the world, and supporting them compassionately this month.

As May coincided with Qurbani, we're still tallying totals and have more to report back on, but we wanted to share a few highlights to keep you in the loop.

Read on to learn more about our work in the field in May, 2026.

GAZA

We've been working in Gaza since 1991 and we remain on the ground with the Palestinian people, delivering every single day during this emergency.



11,940,268

people received
hot meals



116,704

food parcels
were distributed



107,787

treatments at our
24 mobile clinics



107,787

benefited from
medicine and
medical supplies



125,049,456
litres

drinking water
distributed



1224

family tents
erected



4

mobile schools
providing daily
lessons



22,807

winter items such
as blankets, clothes,
firewood distributed



FOOD SECURITY



In May, we provided **80,000** hot meals, supporting families across Gaza, including in Khan Younis, Deir al Balah, North Gaza. We provided **1,083** nourishing food parcels, each able to last a family an entire month, as well as **3,000** bundles of bread – each weighing **1.5** kilograms.

Young girl receiving a bag of hot meals.

Our qurbani distribution in Gaza.



FOOD SECURITY

During Eid al-Adha, we distributed **4,000** kilos of nutritious fresh meat in North Gaza, as well as **35** vouchers to orphan families to help them afford to eat well and celebrate during Eid.

Containers being filled with water from a water truck.



WASH

(WATER, SANITATION AND HYGIENE)

We also provided **110,000** litres of water to **18,333** people, helping them to wash, protect themselves from disease, and to have plenty to drink.

SYRIA



EMERGENCY RESPONSE



We responded to severe flooding and heavy rainfall in Talijna village by providing **167** ready-to-eat food parcels, supporting families who needed immediate help.

Food parcels being distributed.



LIVELIHOODS



We provided vocational training to **100** men and women in a variety of essential trades such as pastry making, phone repair, solar energy maintenance, making the floor cushions and low seating used in homes - and furniture design. Each trade is in demand and will provide a secure livelihood for these men and women.

Man sewing furniture covers during training.



Fig tree sapling being delivered.

LIVELIHOODS



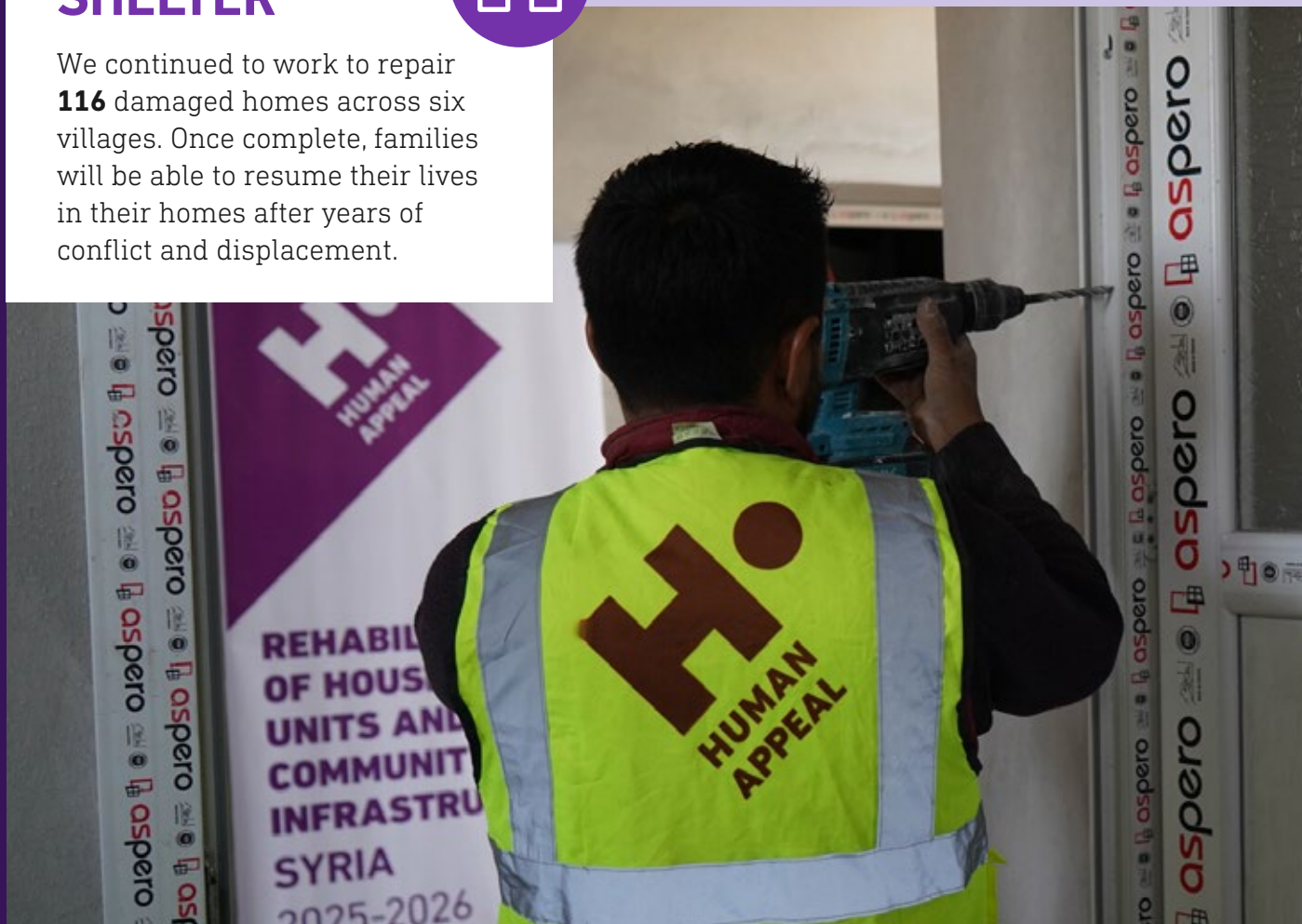
We also distributed **50** fig tree saplings to families in Jbala and Tarmala villages.

SHELTER



We continued to work to repair **116** damaged homes across six villages. Once complete, families will be able to resume their lives in their homes after years of conflict and displacement.

Staff rehabilitating a home.



SUDAN



Hot meals being distributed in Sudan.

FOOD SECURITY



In a camp in Damazin, we're providing daily hot meals and bread to **500** families. To date, we've provided **39,000** hot meals and over **234,000** loaves of bread.

PAKISTAN



EDUCATION



We're helping to establish **40** non-formal education centres for children who are out of school. Working with the local government in Sindh, we're helping **1,200** children to have brighter futures.

Children at one of the education centres, receiving lessons.

THANK YOU

That's it for May. We hope you enjoyed this edition of our monthly impact. Keep your eyes peeled for our June report, as well as our Qurbani report.

Human Appeal
Pennine House
Carrs Road
Cheadle, Cheshire
SK8 2BL
United Kingdom

humanappeal.org.uk
customercare@humanappeal.org.uk
T: +44 (0) 161 225 0225