GAZA EMERGENCY REPORT ONE YEAR ON >>>

THE CITY

HUMAN

FOOD PARCELS GAZA EMERGENCY 2024

October 2024

CONTENTS

- **03** A WORD FROM OUR CEO
- 06 OUR IMPACT SO FAR
- **07** FOOD AND NUTRITION
- 09 AHMAD'S STORY
- **10** HEALTHCARE AND HYGIENE
- 12 KARAM'S STORY
- **13** CLEAN WATER
- **15** SHELTER
- 17 RAMADAN
- **19** QURBANI
- 21 WINTER
- 23 ORPHAN SPONSORSHIP
- 24 FAJER'S STORY
- 25 AIR AND LAND CONVOYS
- 27 A LOOK AHEAD



A WORD FROM OUR CEO

There is no power or strength except with Allah.

لَد حَوْلَ وَلَد قُوَّةَ إِلَّا بِٱللَّهِ,

Like many of you, I could never have imagined that the horrors in Gaza would continue for a full year. I pray that the Most Merciful brings ease to the ummah in Palestine, and allows all in Gaza to live in peace and justice.

It is a struggle to comprehend the daily devastations that families there are facing. Every single day, Palestinians face a series of impossible tasks and questions. A parent waking in Gaza must ask themselves: How will I feed my child today? Should I evacuate again? Will that keep me safe or will it be the thing that puts my family in danger? How will I get my elderly mother seen by a doctor? How will I get milk and nappies for the baby?

The scale of devastation

What does a whole year of destruction look like? Families are not only displaced, hungry, unsafe, and living in fear that they may be next, but they are also facing grief and trauma, without the space to deal with their many losses as the violence continues.

We call and pray for an immediate ceasefire, but even if that happened today, the wounds in Gaza would take decades to repair. A staggering **65%** of buildings have been damaged or destroyed, including almost a quarter of a million homes.



It would take **15 years** to clear the rubble and debris left by the attacks, and a staggering **80 years** to rebuild all the homes, if the reconstruction were at the same pace as previous rebuild efforts.

The vast majority of people in Gaza – at least **1.9 million** people – have been forced to flee. Gaza City is in ruins. The entire population of the Gaza Strip has been forced into **11%** of its land. Over **42,000** people have been killed, but estimates project that the number killed by this conflict in Gaza could be as high as **186,000** if we take into account those dead under the rubble and killed by secondary effects such as starvation, disease and a lack of medical care.

According to UNRWA, an estimated **10** children in Gaza lose one or both of their legs every single day. May Allah grant them health, shifa, and ease, and reward them for their unimaginable loss. Gaza has the highest concentration of paediatric amputees in history.

Every single day people lose their entire families, homes and decades of work as their trees, farms, livestock, and businesses are bombed. Nothing is spared – not schools, not water sources and sewage systems, not hospitals. It's impossible to overstate the devastation in Gaza.

Our local staff and projects

It's impossible to overstate the heroism of our staff too. Our local team in Gaza has continued working through destroyed homes, displacement and bombings. They have found solutions whenever our aid was obstructed, and created innovative ways to support people in the ways they most need. We thank them for their tireless dedication, may Allah reward and protect them.

We also must thank you, our dedicated supporters. Without you, we wouldn't have been able to help so many people several times over. The total number of people we helped in the last year in Gaza is **6,105,277**. This appears higher than the number of people in Gaza because many families are helped several times over, and humanitarian agencies always count each distribution as an independent number.

We are currently running a daily mobile clinic in camps and shelters, providing clean water through private water facilities, as well as distributing hot meals and nutritious food parcels. Families urgently need food, clean water, hygiene items, and medical care. Above all, they need safety and an immediate, lasting ceasefire.





Schooling, sewage, and health projects

For **32 years**, our heroic staff in Palestine has been committed to improving lives. We've always been there to support people in the short term — meeting their urgent needs for survival, in the medium term — with projects that meet the needs of a protracted crisis, and in the long term too — empowering them to rebuild lives, social infrastructure, and livelihoods.

In the coming weeks, we'll be launching a telehealth project – providing medical consultations to patients in Gaza via expert medics outside, as well as a mental health project to help Palestinians cope with the ongoing trauma they're experiencing.

We'll also be launching a hospital construction project, which will go a long way in supporting the decimated healthcare system, providing a wide range of services.

After a year of devastation, more is needed to help maintain hope for the future of Gaza. We're currently working on finalising **two** medium-term projects. Firstly, we are working to open **five** mobile schools for displaced children. These tented schools will allow children to begin to compensate for the education they've lost, while also giving them a sense of normality and a place to make friends. Since the sewage system has been decimated, we're also working to begin a solid waste management project, helping to reduce the risk of disease and sickness, and helping communities to stay clean. Inshallah, we'll be opening a health centre in northern Gaza to support around **48,000** patients annually, with **10** outpatient clinics.

Finally, we're registering over **4,000** new orphans from Palestine to allow our supporters to sponsor them, providing them with urgently needed support after the loss of their father or parents in the war.

Please join me in praying for a lasting end to the violence in Palestine, for ease and sabr for people enduring unimaginable violence, and for a sustainable, peaceful future.

Thank you for entrusting your charity to our heroes on the ground. May Allah bless and reward the ummah in Gaza, and allow us to continue supporting them.

Dr. Mohamed Ashmawey CEO, Human Appeal

OUR IMPACT SO FAR

Since October 9, you've helped us to support over 6,105,277 people.





FOOD AND NUTRITION

Over the past year, Palestinians in Gaza have faced the highest levels of starvation ever recorded. Today, more food is getting in, but restrictions on movement, damage to infrastructure and daily dangers mean that aid agencies such as the World Food Programme can't always get the food where it is needed. And it is still simply not enough food to feed everyone. A staggering **96%** of people are facing acute food insecurity. Half a million people are facing catastrophic starvation.

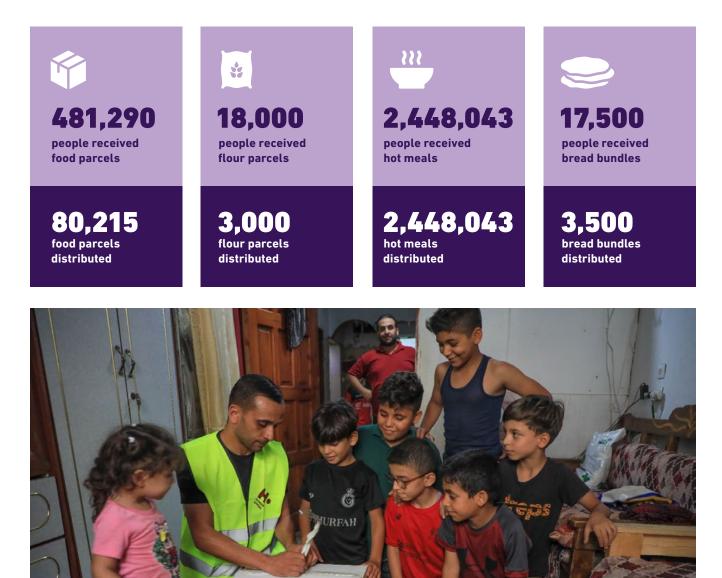
We've managed to reach **2,964,833** people with our food projects, including those we helped in Ramadan. During Ramadan, we committed to distributing **1 million** hot meals, a target we successfully reached in June. By September, we had distributed our **second million**. Now, we have set our sights on providing a **third million** hot meals in Gaza, having reached **2,448,043**

2,964,833 people helped.

meals so far. We have also distributed flour parcels weighing **25 kilograms** to vulnerable families, allowing them to have a secure way of baking bread, in addition to bread distributions to **17,500** people.

Throughout the emergency, we've been distributing food parcels to last a family one month, which weigh an average of 27 kilograms. The content of our food parcels has adapted to what we've been able to source, but we always kept sight of the most nourishing foods. Currently, the food parcels we're distributing contain foods packed with nourishment, such as sardines, honey, preserved cheese, tahini, beans, and tinned fruit, as well as staples such as flour, sugar, rice, and oil. We always source long-life food in packaging made of plastic or metal to ensure that it is robust for the local environment and circumstances.

Our impact in food security:





GAZA EMERGENCY



AHMAD'S STORY

"Thirty people from my family benefited from hot meals, which we've received several times"

28-year-old Ahmad lives in a tent in Zawyda. Your donations have helped to provide his extended family with hot meals several times. He talked to us about his experience and how your donations have helped.

"I've been displaced for a year – since the first month of the war, five different times. It's hard to describe my feelings, as we were forced to move from one area to another several times. We felt terrified, scared, and constantly worried. We didn't know how we'd find a tent or even something to protect ourselves.

"The hardest part so far has been losing 36 members of our family. We've suffered from sicknesses such as intestinal disease, diarrhoea, and skin diseases. "Thirty people from my family benefited from hot meals, which we've received nearly nine times. They brought rice with meat, and rice with chicken. Honestly, it's a very respectable meal.

"Thank you for this support. It helps with the costs and the life we're living. I know it takes a big effort to source gas or wood, salt, and seasoning for cooking. My message [to all who have supported us] is to please keep up this effort, because one day Allah will reward you."

Thank you for helping us to provide nutritious hot meals to families like Ahmad's.





HEALTHCARE AND HYGIENE

As hospitals face bombings, invasions or total closure, those that remain routinely run so low on fuel that they are on the brink of closure. **500** healthcare workers have been killed and **200** have been taken and detained.

With severely limited access to water, families struggle to protect themselves from disease, and it's difficult to stay clean, especially for women and girls, since privacy is rare when displaced.

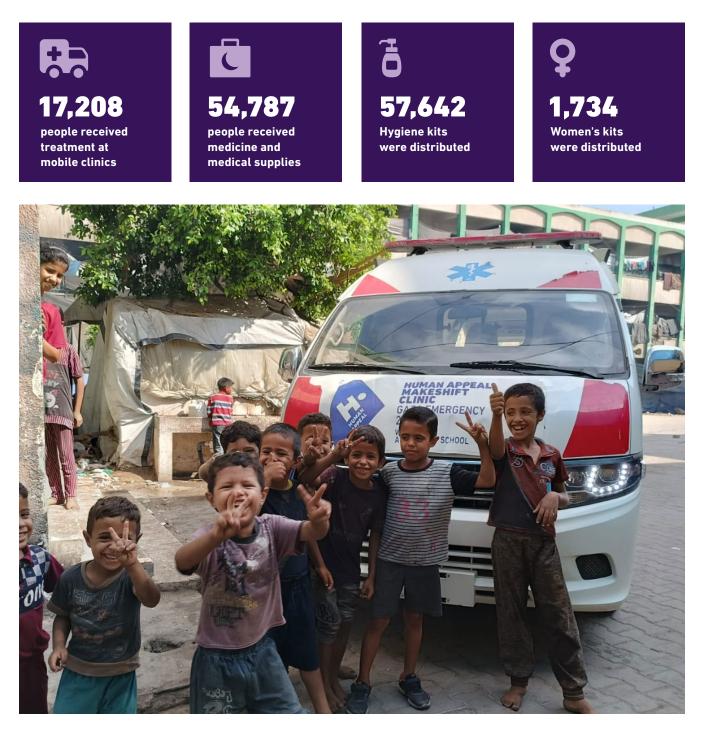
In addition to providing hygiene kits, we're running mobile clinics in Gaza which treat displaced people facing disease, infection and long-term conditions. Currently we run four mobile clinics across Gaza, which provide patients with access to a GP, paediatrics, gynaecology, obstetrics,

131,371 people helped.

as well as treatment for chronic ailments, such as diabetes. Each clinic treats about **1,500** patients a month and relocates to a different shelter each week so that we can reach more people who need help. Some of the most common ailments we treat include pregnancy concerns, colic, fever in children, heart problems, swellings, as well as viral sicknesses.

We've also provided essential medical equipment to hospitals in Gaza, including anaesthesia and antibiotics. Our work also includes providing meals to doctors and nurses, helping them to continue saving lives without having to search for food.

Our impact in healthcare and hygiene:







KARAM'S STORY

"When we got treatment here, it was very effective and met our needs."

Father-of-three, Karam lives with his mother, wife, and children in a tent. He spoke to us about displacement, sickness, and getting treatment at one of our four mobile clinics.

"The first displacement for us was before the Rafah invasion. We went to Tell Al-Sultan, and after that, they said they would invade Tell Al-Sultan, so we moved again to the Al-Shakoush area. They told us it was a safe zone, but it wasn't. We had to leave due to heavy firing and moved to Khan Younis, Al-Attar area. We faced many difficulties.

"My mother is elderly and suffers from blood pressure, diabetes, and heart disease.

I have a 6-year-old daughter, a 5-month-old son who was born during the war, and another 3-yearold daughter. My wife was injured during the war, hit by shrapnel in the neck.

"[When you know you have to evacuate again] the feeling is awful, especially with the transportation costs. You have to figure out how to move your children and how to get the money.

"The most difficult moment was when our house was shot at and bombed. My wife was injured, and my children were terrified of the shooting and their mother's injuries. My youngest child, Mohammad, had severe chest infections. We came [to the mobile clinic] and he was treated well. The medication was great.

"Some medicines are missing, as they aren't available in [Gaza] – specifically children's medication, but when we got treatment here, it was very effective and met our needs. The fact that it was a clinic helped us by saving us from longdistance travel [to a hospital].

"My message [to those who donated to support the mobile clinic] is may Allah bless you."

Thank you to all who have donated in the past year to keeping our mobile clinics open andhelping families like Karam's.





CLEAN WATER

Even before last October, **97%** of water in Gaza was unsafe to drink. One year on, more than half of Gaza's water supply routes – already severely depleted – have been damaged or destroyed, and four of Gaza's six wastewater treatment plants have been damaged or destroyed, which leaves sewage to spill out onto the streets, risking outbreaks of disease. Bombings and land attacks have destroyed desalination plants and boreholes, which families depend on to survive.

Today, as many as **70%** of people in Gaza have resorted to drinking contaminated, salty water. A person needs **15 litres** of

2,904,685 people helped.

water per day, but the UN estimates Gazans get only **3 litres** per day for all their needs.

Before the assault of Rafah, Human Appeal's desalination plant in Rafah used to provide **52,000 litres** of water to Palestinians every hour, which they could access directly, or through our water trucking. Now, we continue to provide clean water tanks and trucking, ensuring that families have access to clean water wherever they are.

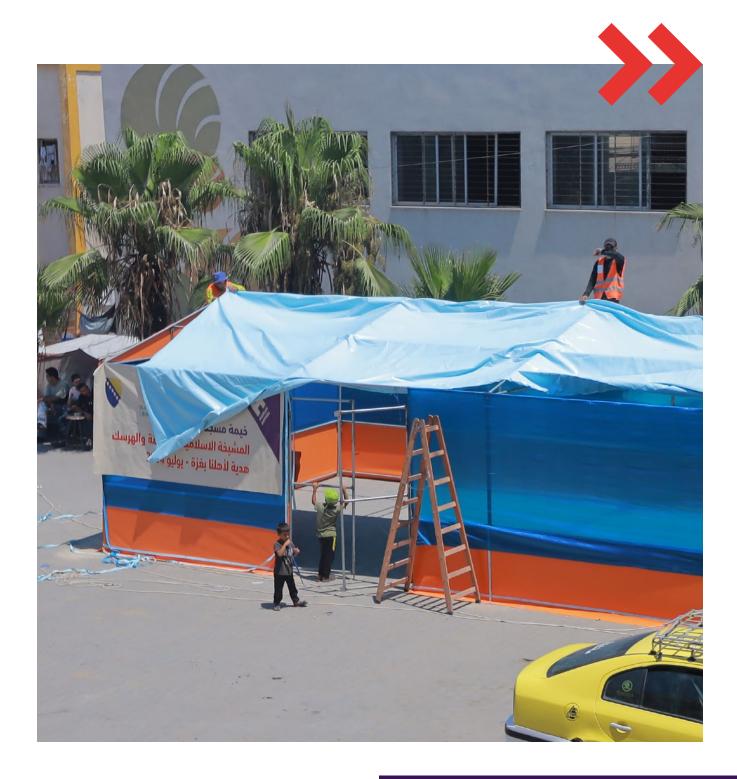
Our impact in water access:











SHELTER

90% of people in Gaza have been displaced, most of them several times over. Each time a demand to evacuate is issued, the small degree of stability the displaced family has built in their shelters or tents is completely uprooted. Every day they wake not knowing if today will be the day they are displaced again. Old people, babies, pregnant women – displacement

13,850 people helped.

has spared nobody. All must pick up what they can, flee, and try to find a new place to shelter.

Over the past year, we've erected **five** masjids in the Middle Area of Gaza. These tents are large community spaces that allow Palestinians to congregate and pray and worship despite the widespread destruction of mosques.

Our impact in shelter:













RAMADAN

Few could have predicted a year ago that this conflict would continue into – and beyond – both Eid al-Fitr and Eid al-Adha. For Palestinians, it was the most violent and oppressive Ramadan in memory, in which families struggled for food, places to pray, medicine and safety.

During Ramadan, in addition to our ongoing emergency relief work which provide medicine and daily clinics, we also provided a total of **over half a million** hot meals, and more than **12,000** food parcels.

709,622 people helped.

We provided Eid gifts to **3,000** children as well as Eid food parcels via your Zakat al-Fitr donations. We also established a tented mosque during Eid, allowing people a sheltered place to congregate and pray.

Despite the unprecedented conditions, our Gaza staff continued working each day of Ramadan, doing everything in their powers to provide as many nutritious iftars as possible to families in Gaza.

During Ramadan and Eid al-Fitr we provided:











1,734 Zakat al-Fitr food parcels distributed









QURBANI

Conditions in Gaza in the lead up to Eid al-Adha were extremely tough. Borders faced unpredictable closures and starvation in Gaza was getting increasingly worse. Qurbani meat was urgently needed. With over **three decades** of experience and connections, our team was able to source sheep and cows locally during a time of intense scarcity. Due to higher costs and

16,900 people helped.

Qurbani prices, we also sourced animals from outside Gaza, specifically from India. These animals were slaughtered during Eid, canned, and transported to Gaza for distribution. We also provided Eid gifts to **2,000** children, helping them to feel some joy in this holy time.

During Qurbani we provided:



8,800 Eid gifts were distributed











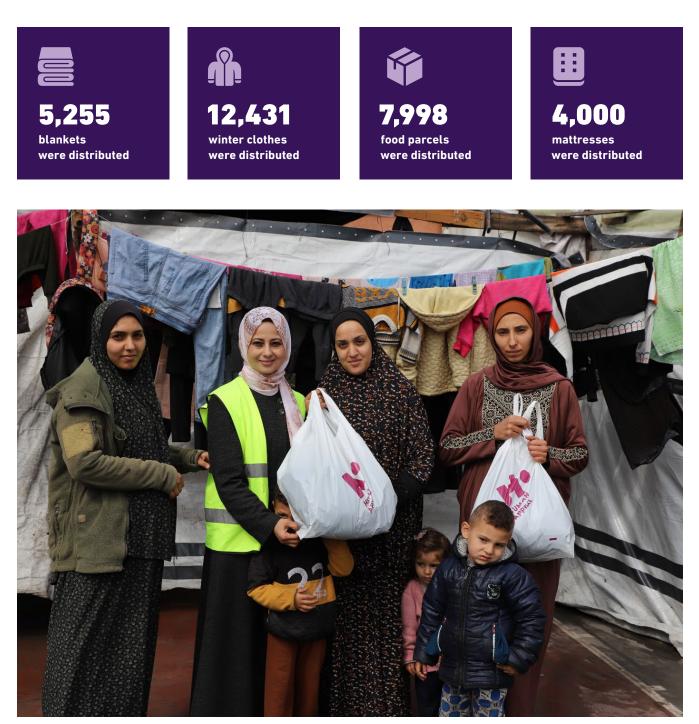
WINTER

Families had no time to prepare for a winter in displacement. Already a time of hardship, typical winter struggles in Gaza – flooding, the cold, sickness, and a shortage of fuel – played out in the extreme as families faced these hardships while living in tents, unable to get proper healthcare, clean water, and sufficient food, and while being bombed and displaced over and again.

29,684 people helped.

Shelter was a key focus for our team in Gaza during winter; they worked to keep families warm by providing tents, mattresses, warm winter clothes and blankets, as well as continuing to provide nutritious food parcels. When we faced obstacles in bringing in tents, we managed to manufacture **150** tents within Gaza that were waterproof and fire resistant.

How many people we helped in winter:









ORPHAN Sponsorship

For **12 months**, children in Gaza have lived with continuing trauma and grief. For children who were orphans before the war started, or who have become orphans during it, the stress of war, as well as hunger, thirst, and displacement, in addition to often becoming the caregiver for younger siblings is unparalleled. All have been forced to grow up.

While some charities suspended their orphan support programmes, our team in Gaza has, for months, been working to locate all **5,926** of the orphans we support there as they undergo multiple displacements. They've also expanded our orphan support to include newlyorphaned children.

Before the war, we supported **3,277** children in Gaza, today that stands at **6,443**, and we have around **140** Palestinian orphans awaiting full registration to be sponsored.

Alhamdulilah, we have managed to locate the vast majority of sponsored orphans, and we're working to find **338** who are still missing. Unfortunately, **69** children from the orphans we sponsor have been confirmed killed. May Allah grant them infinite mercy and make their passing easy on their loved ones.

All orphans sponsored through Human Appeal are still receiving their sponsorship and are in contact with our designated orphan officers in Gaza. Those who sponsor orphans in Gaza are helping them to survive unbearable circumstances by supporting the cost of their shelter, food, clean water, and clothing. Thank you for being there for the most vulnerable children in Gaza.

FAJER'S STORY

"Life is unbearable without a father."

12-year-old Fajer lives with her mum, three brothers and sister in a tent in Khan Younis. They've been displaced over and over.

"My father used to work at Al-Rantisi Hospital. He refused to leave because he wanted to continue his job. When the hospital was targeted, my father was killed.

"I miss my dad. He used to buy us everything. He played with us, and we went on trips. He used to give us pocket money, and when I won an award at school, he gave me extra money to encourage us. He did the same when we memorized the Quran. He promised to take me on Umrah when I memorize the entire Quran. Inshallah, I will still go on Umrah one day, but now life isvery hard. There's no money, no trips, nothing.

"The situation is very difficult. It's hot, and we don't have clothes or shoes, so we walk without shoes."



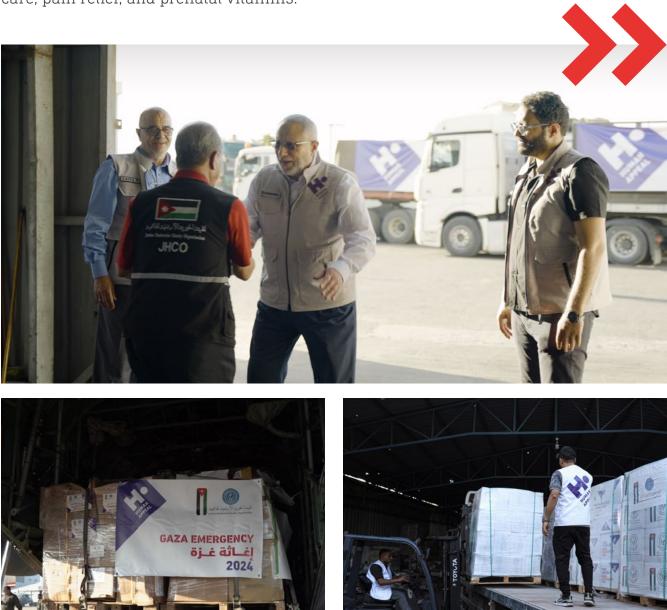
AIR AND LAND CONVOYS

Since January, we've delivered **250 tons** of aid – that's **8** planes containing medical supplies, winter items, high nutrition food parcels, and baby supplies, all in partnership with the Jordan Hashemite Charitable Organization.

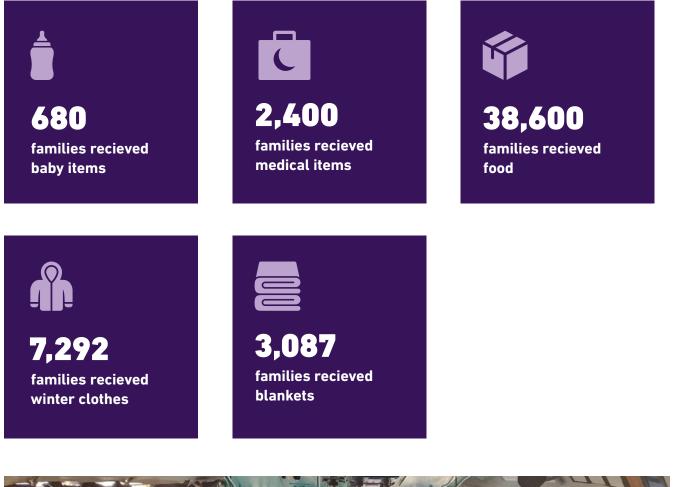
The medical supplies included critical items such as antibiotics, anaesthesia, surgical equipment, rehabilitation, infant care, pain relief, and prenatal vitamins.

51,958 familes helped.

In January we also delivered **3** shipping containers of aid, including **2,000** mattresses, **2,000** winter blankets, **32** crates of winter clothing, and **36** tons of food through the Egyptian crossing, while continuing to source aid locally in Gaza too.



We also delivered hundreds of tons of donated items – known as in-kind donations. This comprised a total of:





A LOOK Ahead

Our team continues to provide daily hot meals, clean water, mobile clinics, and food parcels, helping displaced families to fight hunger, thirst and sickness.

We're also working to support a decimated healthcare system through a comprehensive series of medical projects. We'll be providing telehealth to patients to help to support overstretched doctors, a mental health project to help people to cope with their trauma, a health centre to support **4,000** people per month, and we'll be launching a hospital construction project to help rebuild a destroyed health system, allowing doctors to be able to treat injured and sick patients.

As winter approaches, we're deeply concerned about seasonal sicknesses, flooding, the spread of diseases, in addition to the ongoing need for food, clean water and healthcare.

We're preparing our winter kits, which will help displaced families to keep warm.

We adapt our winter kits to local needs, and they usually include warm, waterproof clothing, warm bedding, waterproof sheeting or tents, and/or heating and fuel.

You can follow our weekly Gaza reports through our website and newsletters to find out more about our day to day work in Gaza.

Thank you for continuing to support nutrition, healthcare and clean water in Gaza. Every single pound donated makes a difference. It is only through transparent, compassionate, and expert cooperation between staff and supporters that we can continue to preserve and save precious lives.

For **12 months**, you have helped us to ease the unbearable hardship that so many families in Gaza face. May Allah reward your generosity in abundance.





Human Appeal Pennine House Carrs Road Cheadle Cheshire SK8 2BL