

EVERY HUMAN Ramadan

THIRD ASHRA



Your mercy in action

All the latest from our
distributions across
16 countries.

RAMADAN 2025



EVERY HUMAN returns!

THE LAST 10 DAYS OF RAMADAN AND EID AL-FITR

Every Human Ramadan is back—bringing you the latest updates and insights from our work around the world this Ramadan.

It's your behind-the-scenes look at our food distributions, daily operations, and the incredible people who deliver your donations exactly where they're needed, every single day of this blessed month.

In this edition, we'll share updates from our Feed the Fasting distributions during the last 10 days of Ramadan—showing how your support helped the most vulnerable stay nourished during the most sacred nights.

You'll meet Sherine, our colleague in Gaza, who continues to care for orphans despite the immense challenges she's faced. You'll also hear from Sena, our project officer in Türkiye, who'll give us the latest on our Ramadan programmes there.

And you'll get to know some of the people you've helped—like Fatima, whose newborn spent 21 days in an incubator made possible by your donations. In these last 10 days, your generosity helped provide a new incubator at Al Imaan Hospital, offering life-saving care to babies like hers.

May Allah accept your duas, reward your worship, and allow us all to carry the spirit of Ramadan forward beyond this month.

So come—take a peek behind the curtain of the third Ashra of Ramadan at Human Appeal, and get to know our teams, our projects, and the people you've impacted.

In this issue

Ramadan Live 4

The latest information about our distributions around the world.

Spotlight on Gaza 8

Hear all about our grand iftars and our progress in providing 1 million hot meals this Ramadan.

“I take care of my team, and then my own tasks” 12

Sherine, our orphan and child welfare officer in Gaza shares how our work in Palestine continues despite the resumption of bombings.

The only free maternity hospital in Idlib 14

Your donations last Ramadan helped baby Ahmed to stay in an incubator for 21 days.

Shining a spotlight on Türkiye 16

Our programme officer in Gaziantep shares her Ramadan reflections.

Greetings from our staff around the world 18

Happy Eid from us all.

Shared blessings 20

A dua to end Ramadan.



Communal Iftar in Syria.

Ramadan Live

Here we share some snapshots of our work across 16 countries, as well as updates on our distributions so far. Please note that because our staff are working daily to help as many people as possible, this is not a complete picture of our work so far.



In Gaza, we continued providing hot meals, food parcels, medical support, clean water, Eid gifts and Zakat al-Fitr distributions. Check out our Spotlight on Gaza section to find out more.



In Pakistan, we've distributed **208** food parcels in the district of Faisalabad, including **30** to orphaned children. We delivered your Fidyah and Kaffarah by providing **600** hot meals in Burma Town, Islamabad, and the Mansehra district, as well as **400** Eid gifts in Bannu and Rahim Yar Khan.



In Mosul, Iraq, we provided **34** orphans and their families with nutritious food parcels containing rice, oil, milk, tomato paste, flour and chickpeas.



In Morocco, our community iftars in Tangier provided **400** traditional iftars along with Quran recitation, quizzes, and entertainment and toys for children. We also provided **1,320** hot meals in the earthquake-affected region of Al-Hawz, and **165** family food parcels in Mirleft, Beni Mellal and Sidi Guerdane.



In Senegal, we provided **2,037** hot meals across five days to different areas in Dakar, with a focus on widows, orphans and people with disabilities. We also provided **4,525** nutritious food parcels across the capital.



In Sudan, we delivered **400** family food parcels in Omdurman, providing nourishing foods including dates, lentils, oil, onions, and sugar. We also provided **350** hearing aids with replacement batteries, and we delivered medical aid to hospitals in Dongola, Aldabbah, and Merowe.



In Tunisia, we delivered **300** nourishing food parcels in Gafsa, and Medenine, which contained local staples such as couscous, pasta, soup, tuna, cheese, oil and sweets.



In Türkiye, we provided **155** food parcels to orphan families in Gaziantep.



In Syria, we provided **7,700** hot meals in Hama, Damascus, Homs, and Adana, and provided food vouchers to **420** families in Adana, and Aleppo. We also provided a new incubator for newborn babies at Al Imaan Hospital, vaccinated **1,150** children against measles, polio, smallpox, and rickets in Sarmada's camps. Ahead of Eid, we provided **399** families with your Zakat al-Fitr distributions. More than **1,300** people were helped through our communal iftars, and **5,000** families received fresh food packs containing rice, bread, fruit and chicken.



In Yemen, we provided Zakat al-Fitr to **731** sick people in Sana'a and Taiz, and we also provided **410** hot meals in Taiz, and **241** food parcels to orphans and their families. We also delivered **3,600** coffee trees to **91** farmers in Taiz, providing a stable income for years to come.



Your charity this month helped to provide vulnerable mothers like Noor Bibi with nourishing food parcels to last an entire month. Thank you for helping us to feed the fasting this Ramadan.



Young girl standing in front of food parcels.



Family with food parcel at a distribution point.



This young girl is receiving one of over 800 hot meals delivered on the 25th of March.



An iftar gathering, where mothers and children can eat freshly cooked foods.



Orphaned children enjoying warm meals together.



Woman in Dakar, with a food parcel balanced atop her head.



Man carrying a food parcel.



Child with food parcels.



Coffee tree seedlings being distributed to farmers.



One of our Grand Iftars, held in Al-Aqsa Mosque.

Spotlight on Gaza

As the bombings in Gaza renewed and intensified, we escalated our efforts to meet the growing needs—distributing food, clean water, and shelter to displaced families. Our team continues to work daily to address the most urgent needs in Gaza.

Thanks to your generous support:



3 Grand Iftars

We hosted three Grand Iftars, serving a total of **17,000** people with meat-based meals, desserts, and water. These gatherings also provided an opportunity to connect with the community through nasheeds, Ramadan décor, and Quranic recitation.

To support spiritual needs, three makeshift mosques were established in central Gaza, accommodating up to **1,500** people at a time for prayer.



29.6 tonnes

of flour were delivered to people living in **14** displacement camps. (One tonne feeds around **1,100** people for one week).



949,985

hot meals were provided throughout Ramadan.

**370,000**

litres of clean water to
23,400 people.

**3 homes**

Repairs to **3** homes,
sheltering **18** people.

**2,029**

boxes of sweets were
delivered for Eid in
central Gaza.

**317**

mattresses and **954**
clothing vouchers,
helping **6,041** people.

**6,581**

food parcels were
distributed for Zakat al-
Fitr.

**61.6+ tonnes**

of firewood, helping
around **1,800** people
during shockingly cold
Ramadan nights.

**45 tents**

and one camp set up
to support displaced
families.

**Medical clinics**

Our five medical clinics provided consultations and
care to **12,779** people, responding to the escalating
crisis of injuries and illness.

**Thank you for helping us fight hunger and
malnutrition in Gaza this Ramadan. Your
support made this impact possible.**



Our staff distributing food parcels to children.

GAZA



One of our makeshift masjids, set up in Gaza.



A doctor writes a prescription at our mobile clinic in Gaza.



Food parcel being distributed.



Our staff stand in front of a shelter they have helped to rehabilitate.



Our staff handing out a hot meal to a young boy.

GAZA



A damaged floor being covered with a tarp



Hot meal being delivered to a young girl who has been displaced



Children enjoying an Eid fun day.

“I take care of my team, and then my own tasks”

In October 2023, just three days into the escalation, our orphan and child welfare officer in Gaza, Sherine, had her home completely destroyed. Nevertheless, she's continued to dedicate her life to supporting the orphans in her community.

“The past few days, like every day since the war on Gaza began, were marked by immense hardship.... I've watched others flee their homes in panic after evacuation orders, leaving everything behind. The most heartbreaking part is seeing parents unable to protect their children or escape danger together.

My day revolves around ensuring my team stays healthy and motivated despite the deep pain and exhaustion we all feel. I work to create a supportive, inspiring environment, and I'm blessed to lead an exceptionally dedicated and compassionate team. Once I'm sure they're well, I tackle all my tasks with purpose.

Our old office was entirely destroyed, yet by the third day of the war, we had established a new one. Human



Sherine at work in the Gaza office.

Appeal was among the first on the ground, tirelessly providing essential aid around the clock.

Women are facing a unique and extreme hardship. Divorce rates have surged due to the extreme stress, and widows and female-led families face unimaginable burdens: providing for children amid displacement, food shortages, and soaring prices.

Women's hygiene kits are urgently needed due to scarcity and inflated prices, especially for mothers with children with disabilities.

A changed Ramadan

Taraweeh, communal prayers, and shared meals – the cornerstones of Ramadan – have vanished. Families can't gather safely, stripping the holy month of its spiritual and social essence. This Ramadan is filled with sorrow, yet our traditions endure. People continue to fast and perform Taraweeh prayers, even if they take place in open or destroyed spaces rather than in mosques.

Despite the profound loss and the absence of family gatherings, our grand iftars offer a bittersweet yet uplifting reminder of what we've lost. These gatherings radiate hope, optimism, and love amidst pain. I am deeply grateful to Human Appeal for orchestrating such a simple gesture that carries immense impact.

We can avert these crises

From a humanitarian perspective, I have grave fears. I worry that hunger, diarrhoea or malnutrition will needlessly kill countless children. I worry that contaminated water and overwhelmed clinics will trigger cholera outbreaks, and I also worry that if aid in Gaza fails to meet people's needs that they will feel more abandoned by the world outside.

But we can avert these crises if we act now. We're providing hygiene kits to help prevent epidemics, and clean water distributions help to keep people protected against waterborne diseases. We're committed to providing nutritious food – especially fresh fruits and vegetables, which are both scarce and costly.

I often wonder what would have happened if Human Appeal wasn't here to meet these basic needs. Our ability to help comes solely from the generosity of people who understand loss and hardship. As a humanitarian organisation, our strength lies in you, our donors. The lives we protect are a sacred trust, and your support makes all the difference.”



A child in Gaza being examined at a mobile clinic.



Hospital staff tends to a baby in the incubator room.

The only free maternity hospital in Idlib

Your donations last Ramadan helped to keep Al Imaan Hospital open and serving pregnant mothers and newborn babies. In the last 10 days of Ramadan, your charity provided a new incubator to Al Imaan Hospital, helping newborn babies to survive, and to recover from illness. Let's hear from Fatima, mother to baby Ahmed who spent 21 days in an incubator at Al Imaan Hospital.

“

We live in Al-Barr camp in Kafr Karmeen. We've been here for two years after leaving our home in Abizmo.

I went to Al Imaan when I was eight months pregnant and noticed the excellent standards of care for

patients and children.

I received so much care and attention from the nurse, especially when I entered the caesarean section room. They never abandoned me and brought me everything I needed. Even the director of the hospital came

regularly to check on me. My son, Ahmed, stayed in the incubator for 21 days. If I were going to a private hospital, I would have paid a lot of money.

The paediatrician used to visit him every day to check on him, and now he is fine and in good health like his brothers, alhamdulillah.

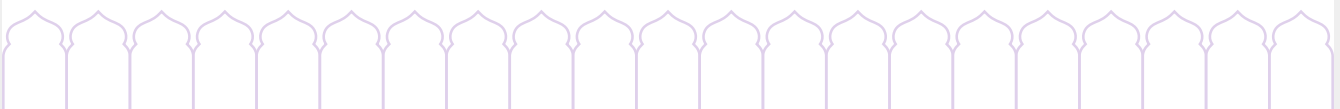
I want to thank the donors who support the continuing work of Al-Iman Hospital

because there are many vulnerable people who go to receive treatment there, especially pregnant women and children."

Thank you for helping us to provide safe, well-equipped hospital in Idlib. Together with its 2 associated clinics, it supports 8,000 people per month. Last year, Al-Imaan supported over 57,000 people, but it costs £83,000 per month to keep this hospital functioning and it is in urgent need of funding to continue to provide free treatment.



A baby in an incubator at Al Imaan Hospital.





Our staff handing out a voucher in Türkiye.

Shining a spotlight on Türkiye

Sena Sever, 27 is a project officer at our Gaziantep office in Türkiye. She joined us two years ago, and now she heads our distributions in southern Türkiye. Let's hear how she spent her Ramadan.



"Ahead of Ramadan, I visit different regions and design and plan specific projects to address the needs in each area – be it cash vouchers, food parcels, hygiene kits, or establishing child-friendly spaces.

During Ramadan

In Ramadan, my team and I focus on meeting the immediate needs of vulnerable families, with a focus on refugees. I'm responsible for

coordinating and managing the distribution of our Feed the Fasting parcels and vouchers across the region – sometimes that means door-to-door work, and sometimes it involves distribution points.

Food parcels and hot meals allow families to break their fast without the stress of worrying about where they'll get reliable, solids meal from throughout Ramadan. This brings joy and relief, helping families focus

on the spiritual aspects of Ramadan rather than the burden of securing food.

The families benefiting from our Ramadan support also often benefit from our other projects. We strive to provide ongoing assistance throughout the year, so our Ramadan work aligns with our mission to support vulnerable communities on a long-term basis.

My Ramadan highlights

My favourite aspect of Ramadan is its nature as a month of compassion. It's a time for us to extend our hands to those in need, to be their light in the darkness. The unity and understanding we experience during this time make it special and unique.

One moment I will never forget was during a visit to a Syrian refugee family living in a tent in rural Gaziantep. The family – a father, mother, and young children – had nothing to eat for iftar. When we provided them with a food parcel, they were deeply touched. The father said that we were sent by Allah because they had nothing to eat that evening.

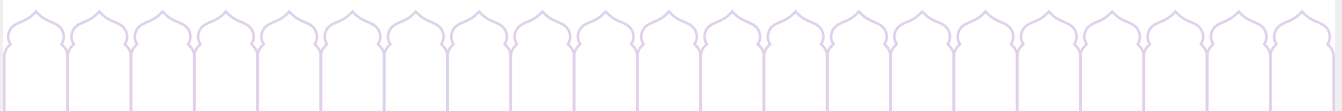
This was an important reminder for me of the importance of our work and how we can make a real difference in people's lives.

The best part of my job is being the bridge between those who give and those who receive. It's deeply fulfilling to know that our support can make such a difference in people's lives.

The hardest part is knowing that, despite our best efforts, we can't meet all the needs with the limited resources available. It's difficult to make the tough decisions about who we can support, and it's very difficult to realise that some people may not receive the help they urgently need.

My message to you

During this holy month (and beyond), you have the power to be the hero to a family. With your support, you can ensure a family can break their fast with a smile, without worrying about what to eat. Together, we can create smiles and bring hope to those in need."





Greetings from our staff around the world

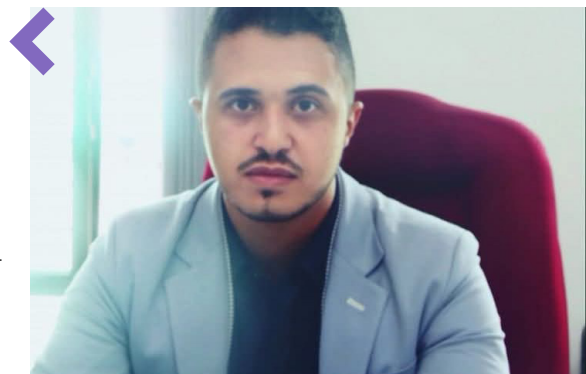


➤ "My message to our supporters is that we appreciate their kindness and generosity to donate and help the poor people in the community this Ramadan".

**Abdillahi, communications officer,
Mogadishu, Somalia**

"Please prioritise Yemen in your support. The devastating impact of the war has left the country in ruins. Your continued generosity is crucial to rebuilding lives and restoring hope. Please consider making Yemen a top priority in your donations."

Haitham, PR and content associate





"The food parcels distributed to families in Khartoum state have brought immense joy, particularly to internally displaced persons who have lost their homes. The iftars we arranged here had a unique effect on Sudanese community, since this project honoured the Sudanese tradition of communal dining in open spaces, inviting passers-by to join in breaking their fast together. By providing the necessary ingredients, the initiative empowered the community to prepare their favourite dishes by the way they love and enjoy it."

Ashraf, programmes officer, Sudan



**HERE FOR
EVERY HUMAN**

"Every small donation you make to Human Appeal makes a big difference, it brings a smile to a family or joy to a child. Ramadan is the month of goodness and blessings. I would like to tell you that the war in Syria has ended, and the country has become free, allowing Human Appeal to work in large areas. We need your help to bring hope back to the new Syria and end the tragedy of the tents. The war has destroyed everything in Syria, and we need your help to bring happiness back to our country once again."

Tammam, media and communications coordinator, Idlib, Syria



"I would like to express my heartfelt gratitude for your unwavering support, your generosity and commitment make a profound difference in the lives of those we serve, especially during the special time of Ramadan. Thank you for standing with us and believing in the power of giving, your support not only sustains our efforts, but also inspires others to join us in making a positive impact."

Zhilwan, senior reporting and comms officer, Erbil, Iraq

Shared *Blessings*

As this blessed month ends, we raise our hands with hope that every fast, every prayer, and every sincere moment was accepted by Allah. May we carry its light in our hearts all year long, and may we be granted another Ramadan—better and closer to Him than the last.

“O Allah, accept from us our fasting and our prayers, make us among those freed from the Hellfire, and allow us to reach the next Ramadan in the best of states.”

As we enter the month of Shawwal, we pray that Allah (subhanahu wa ta'ala) allows us to carry the good habits we've built into the year ahead, that He accepts our worship, and that we live to witness another Ramadan, insha'Allah.

May Allah accept your duas and reward all your worship this Ramadan.