



**A BIRTH I'LL
NEVER FORGET**

Dr. Kawthar tells
us about the birth
of baby Diana

**A LIFE AND FUTURE
TRANSFORMED**

Raja went from jobless
to a bee farmer with
16 successful hives

A young girl with dark hair and eyes, wearing a vibrant orange and yellow patterned headscarf and a green sweater, is looking directly at the camera. She is leaning against a stone wall. The background is a blurred outdoor setting.

EVERY HUMAN

WINTER
2021

EVERY HUMAN *WINTER 2021* EDITION

Welcome back to Every Human. In this 2021 winter edition, we'll be sharing our impact from throughout the year, as well as helping you to get to know some of the people you've helped this year. Read on to hear from a couple in Gaza who you helped to build a home for, and from Raja, a honey bee farmer in Pakistan.

We'll also pass the mic over to some of our staff and experts in the field, so you can hear all about our life changing projects from the people who work on them, day in, day out.

You'll hear from Dr. Kawthar from Al Imaan Hospital, Syria, and the case she'll never forget, as well as Dr. Mahmoud, the head of our Gaza office and a water expert. You'll also meet Syed, a volunteer in the UK who helped out during our winter Wrap Up campaign.

So come, join us this December, and get to know our projects, staff, and those we help a little better.

We hope you enjoy getting to know us a bit better, and from Every Human here at Human Appeal, thank you.

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During Qurbani you provided 401,006 people with fresh Qurbani meat!



LIVE FROM THE FIELD

In 2021, you've helped around 3.5 million people to live healthier, safer, and happier lives.

- In Ramadan and Eid al-Fitr, you supported **245,034** people with nutritious food and Eid gifts.
- During Qurbani, you provided **401,006** people with fresh, nutritious meat.
- You increased the number of orphans you sponsor from **12,563** to **18,100** in 2021.
- This year, we also started working in three new countries, including Sudan, Brazil, and Nigeria, and we've registered in the USA to launch a fundraising office there too.



You helped us provide essential training to honey-bee farmers like Raja in Pakistan-administrated Kashmir.

RETURNING HOME TO START A FARM

Raja lives in Dhrikot in Pakistan-administered Kashmir. His family has lived there for generations. After earning diplomas in electrics and computing, Raja graduated in mechanical engineering. It took him to Dubai, where he worked for a few years, but he missed his family and his home.

Today, he's one of 373 people we've trained to become honey bee farmers. Raja shared his story with us:

I preferred to return to Kashmir, it's so beautiful here that it's known as heaven-on-earth, and I hoped I could find a job to earn me enough so that I'd never have to leave home again.

When I first arrived, I made up for missed time by attending funerals and visiting bereaved families. But I was also looking for a job throughout. I applied for eight to ten jobs to no success. It wasn't my destiny.

About a year after returning from Dubai, I got to know about Human Appeal's honey bee project. I attended their training and now, alhamdulillah, I'm a honey bee farmer.

Around here, we've known about bees since childhood as it's a traditional type of farming in the region. But we didn't know how to farm on such a wide scale, and to understand the technicalities.

I attended Human Appeal's three-day course in Dhrikot, which was done by an amazing trainer. The team was excellent, both in how they dealt with us and in teaching us.

They also gave us all the equipment, including four hives with bees, wax sheets, and a safety hat. We looked after the bees daily, which helped us to grow our interest and curiosity. Now, by the grace of Allah, I have sixteen hives, not including the hives I lost to a virus.

Each hive produces around eight to ten kilograms of honey, depending on the weather. Despite the number of bee farms in this region, most honey is already reserved by buyers before the harvesting starts.

We also hire out the bees to other farms, who struggle to pollenate their plants, which supports the region's economy.

After establishing myself, I decided to set up a side business to earn more income and to help poor people too. I opened a photocopy shop, where I also provide Photoshop services too. All thanks to Human Appeal and honey bee farming.

It's not that prominent a business – honey is my identity and what I'm known for. People hear about me on social media, or in other ways and reach out to me. They ask me how I started and I try my best to guide them and support them by telephone.

Our sustainable livelihood projects truly change lives, providing people like Raja with the knowledge, skills, equipment, and support to fulfil their potential and build brighter futures.

SAVING LIVES AT AL IMAAN

Dr. Kawthar has been working at Al Imaan Hospital in Idlib for five months. In July, she faced an unforgettable case. The day that Diana's baby was born.

What does Al Imaan mean to the community?

Al Imaan Hospital is a lifeline for the people who live here, as it's in an area surrounded by camps and marginalised communities. People here don't get medical help because they can't afford it, but at our hospital, consultations, surgery, obstetric care, paediatric care, incubators for babies – all of it is provided for free. We have a pharmacy, and we provide medicines for them to take home for free as well.

Can you tell us about a case that you'll never forget?

There are many cases I can think of, but the most difficult case I dealt with – both mentally and physically – was the case of one pregnant woman in her twenties called Diana.

A few months ago, Diana's husband brought her in to the hospital. We examined her – her skin was purple, she wasn't breathing and had no pulse. Tragically, she was already dead.

When her husband told us she was pregnant, we immediately did an ultrasound on her. The baby had a pulse! We carried Diana to the operating room with our own hands and performed surgery on her to save the baby's life. We pulled out the baby girl, but she didn't have a pulse.

We transferred her to the paediatric department and the nurses there resuscitated her. Her breathing and pulse returned to normal. We went from being devastated to not be able to save her mother, to being so happy to have saved the baby's precious life. It was a case of a few seconds making all the difference. Allah helped us to save a soul, and now the baby – named baby Diana after her mother – is in good health, receiving medicines and nourishment from Human Appeal through the hospital.

What is medical care like for displaced mothers living here?

Pregnant women usually come to Al Imaan in such an exhausted state because of having lived in the camps, where conditions are very harsh. They are fed poor food, or none at all, they have no medicines, and mothers who have a lot of children to care for often are forced to neglect their own health, with no time to travel around for scans during pregnancy.

What inspires you?

What gives me strength are people's prayers for us, and easing their hearts and worries.

If someone is worried about the private hospital expenses that they can't afford to pay, or if they worry about the surgery, we help them physically, and that also relieves them of their worries.

Do you have a message to those who donate to Al Imaan Hospital?

We thank you and pray Allah rewards you abundantly. We hope you continue to support this hospital because there are so many people who rely on it. If we can't support all the people who need help, it'll be almost impossible for them to get the medicine and treatment they urgently need.



On average, our Al-Imaan hospital treats 4,000 people per month including babies and pregnant women.

HOW AL IMAAN HELPED ME

Khaled and Diana used to live in the countryside outside of Hama. When their home was bombed, they were forced to flee for the displacement camps in Idlib, near the Turkish border.

Sadly, Diana died while pregnant with their third child, but Khaled told us how the doctors at Al Imaan saved their daughter in an emergency operation, and why he named the baby Diana, after her mother.

“The main reason that my wife died was oppression – she didn’t have a disease, but because of the desperate situation in the camps, our situation has become miserable, with disease, extreme hot weather, and dirt. It’s such a desperate situation.

When we first moved here, my wife was upset about our situation – we lived happily in our own house before, and suddenly we were living in a camp.

Just before she died, we were at home having dinner, and my wife told me to look after our children and my parents, to treat them well. It was like she knew she was going to pass away, Allah have mercy on her.

When my wife suddenly fell ill, we only had Al Imaan to turn to – it’s the nearest hospital to us. When we arrived,

the doctors told us she’d been dead for about 15 minutes.

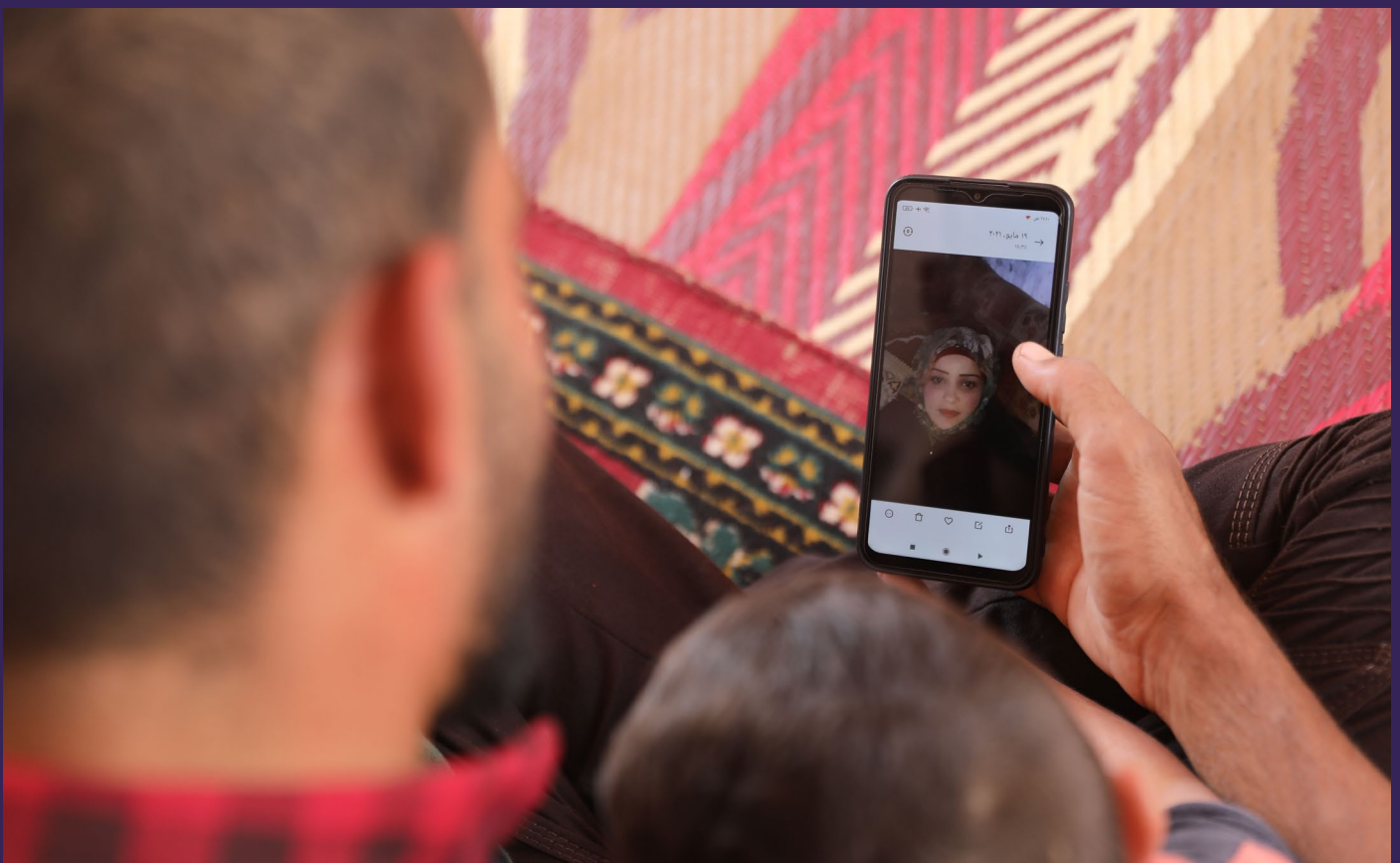
They said that my baby was still alive, and they performed the surgery to save it. Alhamdulillah, the safe delivery of my daughter eased my suffering. Alhamdulillah for everything.

If it was not for Al Imaan, I would have lost not only my wife, but my baby too. There isn’t another hospital nearby and they treated us very well. They transferred her to a children’s hospital but we visit Al Imaan regularly to get milk and other supplies for the children.

I feel sad and lonely since losing my wife. Allah gave me this baby daughter and eased my suffering a bit, and I feel the tenderness of my wife through her. When she was born, I named her after her mother, Diana, who I loved a lot.

I ask Allah for relief, and I pray we can return to our home and leave this humiliating and oppressive life in the camps behind.

I thank Al Imaan Hospital, may Allah bless you and grant you success and accept your good deeds, inshallah.”



Diana died before Khaled could even get her to the hospital.



Luckily, Al Imaan hospital were able to safety deliver Diana who was named after her deceased mother.

“I ask Allah for relief, and I pray we can return to our home and leave this humiliating and oppressive life in the camps behind.”

WHAT IT'S LIKE TO VOLUNTEER WITH US

22-year-old student, Syed Hamzah Ali, has been a volunteer with Human Appeal since 2018. In the last three years he's helped us across all sorts of fundraisers, events, and campaigns in the city of Glasgow. We interviewed him about his experience as a volunteer, and about our latest event with UK volunteers – our annual Wrap Up winter coat campaign.

How did you first get involved with Human Appeal?

On my way home from college, I bumped into a friend of mine who invited me to a social club and I went without knowing it was Human Appeal. Since then, I've helped on 3 Wrap Up campaigns and the most recent comedy tour.

How did you help out during this year's Wrap Up campaign?

I did leafleting and put up posters in shops and in flats in the early part of the campaign. After I finished leafleting, I also helped out by sorting the coats in the Human Appeal office, collecting coats from the Safestore drop-off point, and organising the distribution of coats to the charities we work with.

What did you enjoy about this campaign?

The part I really love about the Wrap Up campaign is talking to people while I'm leafleting and putting up posters, but I also enjoy the organizational side of it. When you work on this campaign, you really see how even one leaflet can make a huge impact to the coats donated.

Do you know how many hours you volunteered during this year's campaign?

I think it was somewhere between 10 and 20 hours!

What's the best part about volunteering with Human Appeal?

Meeting new people and learning from them to become a better volunteer and also a better person. I really enjoy being able to help others - for example, during the Wrap Up campaign, my actions helped people who did not have coats to stay warm during winter.

What would you say to anyone thinking about becoming a volunteer?

My time volunteering with Human Appeal was not just fun, but also very useful. I've learnt many skills from staff and from other volunteers, such as communication, creativity, leadership and problem-solving. And there's so much variety. I've taken part in the comedy show, bazaars, the Mount Snowdon challenge, a 10k in Glasgow City and social clubs. The friends I've made in Human Appeal will be friends for life.



Hamza dedicated 10-20 hours volunteering for our annual Wrap-Up Campaign this year.



We renovated Mahmoud and Wafae's home after it was damaged in airstrikes nine-years ago.

A NEW HOME AND A FRESH START

Nine years ago, Mahmoud and Wafae's home in Gaza was damaged during the war in Gaza. They were forced to move with their six children into a temporary home, buying a small plot of land where they planned to build a new home. But when Mahmoud injured his back, he was unable to keep working to earn enough to build their new home.

Wafa explained, "I've been living in a garage for 9 years. In this garage, I've endured the unthinkable. I can't afford to finish my house, and I live with insects and noise. We have to go to the toilet in a basin. My children all sleep in the same room or sometimes on the roof. It makes me sad that I can't help them. I implore God to provide us with safe housing so that my children can live in dignity and that we can find joy again."

Thanks to your support, we've finished the house that Mahmoud had begun to build before he was injured. We completed the tiling, plumbing and electric works, and we installed a fully functioning bathroom and kitchen.

"Before, I lived as if I lived in a cage", Wafae told us. "Now, our home is clean, tidy and I feel safe with my children."

"I struggled to even bathe before", said Mahmoud. "Now it's different. I have a house with a bathroom, toilet, kitchen, bedrooms, and a large living room where I can sit. I thank everyone who contributed to my new home, and helped me and my family. May Allah shower joy, success, and protection upon them and their families."

"I hope that others can benefit from this project because they are so many who are in the same situation as we were before. I hope that no family in need will be forgotten."

Thank you for supporting Wafae and Mahmoud, and for providing their family with a safe, secure home.

BRINGING CLEAN WATER TO GAZA

Dr. Mahmoud Shatat is our global water and sanitation expert and he also heads our Palestine team in Gaza. With a PhD in Sustainable Water and Energy Technologies, he's an indispensable expert who helps us to customise our global water projects so that they're sustainable and suitable to their local environment.

He spoke to us about transformative effect that water projects can have in Gaza.

Water and sanitation is a top priority in Palestine because it saves lives – especially in Gaza, where 97% of ground water isn't safe for human consumption. More than 28% of homes aren't connected to the sewage network, and each day, raw sewage is pumped into the sea off the coast of Gaza, causing health problems and diseases.

During the height of the pandemic in Palestine, Human Appeal chlorinated the entire water network in Gaza for nine months. According to the World Health Organization (WHO) this is beneficial in cleaning the water of any contamination, which causes severe diseases. This project allowed the 2 million people living in Gaza to have access to clean, safe water, which, in turn, reduced the number

of patients in Gaza's hospitals who suffered from water-borne illnesses. We're currently working on a large-scale desalination plant in Rafah, which will provide safe, clean water to 60,000 people once complete. We're also expanding our work to cover home wastewater projects, and hygiene awareness to reduce the flooding of sewage into the streets.

By supporting Human Appeal's water projects in Gaza, you help us to save and preserve lives by providing clean water in a region where it's incredibly hard to access.



We're working on a desalination plant in Rafah, which will provide safe, clean water to 60,000 people!

SHARED BLESSINGS

“O people! Spread the Islamic greetings amongst yourselves, feed the hungry, maintain kinship relations, observe prayer at night while people are asleep and you will peacefully enter the Paradise.”

(Ibn Majah)





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